

UIL Athletic Staff



Director of Athletics
Ray Zepeda



Assistant AD Joseph Garmon



Assistant AD AJ Martinez



Assistant AD
Grace McDowell

Athletic Staff Responsibilities

Joseph Garmon

Team Tennis

Cross Country

Basketball |

Soccer

Spring Tennis

Track & Field

AJ Martinez

Football

Golf

Wrestling

Water Polo

Baseball

Grace McDowell

Volleyball

Spirit

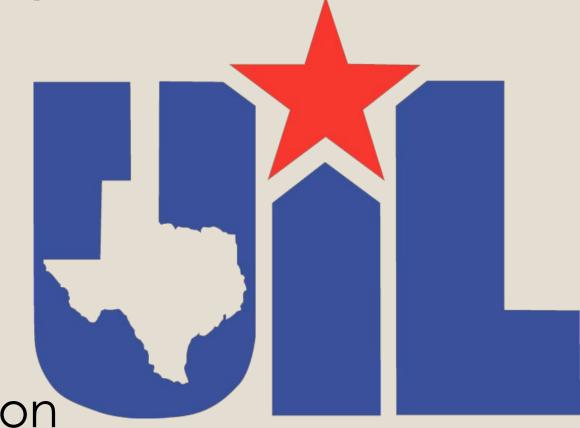
Swim & Dive

Basketball

Softball

CCP AGENDA

- UIL Information
- Coaching Reminders
- Contest Regulations
- General Regulations
- Eligibility
- Player Ejections
- Sports Specific Information



LEAGUE GOVERNANCE

- Legislative Council Rule making body, 32 superintendents, all regions, all conferences represented.
- State Executive Committee (SEC) 12 school administrators appointed by the Commissioner of Education.
- District Executive Committee (DEC) Consists of ONE voting member per school in a given UIL District.
- Waiver Review Board 12 person committee, reviews decisions of the UIL Waiver Officer on appeals.

What's New For 2023-24...

- •6th Grade Participation Pilot program that allows 1A and 2A schools to use sixth graders to field as many as two (2) teams under this rule. This change allows schools, who qualify to use sixth graders based on participation levels already prescribed in the rule to field two teams. Be aware of first day participation levels prescribed for the allowance of sixth graders. If you are at or above those standards, you cannot use 6th graders. Also, once a school qualifies to use sixth graders under this rule, it would qualify to use sixth graders for any activities that follow on the calendar.
- **Baseball Post Season** Pilot for post season in Conference 5A and 6A requiring a two-out-of-three series unless both schools agree to a single game. Applies to all post-season rounds prior to the state tournament.
- **Golf** Allows the head golf coach and the assistant golf coach to actively coach during the course of play for all tournaments including district, regional, and state competition.
- **Junior High** Amendment to junior high track meet start times that allows for two of the allowable six junior high meets to start no earlier than 2:00p.m.
- Soccer Allows for 2A schools who sign up for participation in soccer to be placed
 a 4A district for competition.
- Flat Fee Schedule and Travel Reimbursement Effective 2023-24 a ten-year compensation plan for sports officials will begin. (fee increases every 3 years)

2023-2024 COACHES' REMINDERS

- Coaches Certification Program (CCP) Coaches are required to have all CCP courses done
 by the start of their first practice or the start of school, whichever comes first.
- Strength & Conditioning During Summer Monday-Friday, no more than two hours per day. A
 student shall attend no more than one session per day, plus 90 minutes of sport specific
 instruction, not to exceed 60 minutes of sport specific instruction in any one sport.
- Strength & Conditioning During School Year Allows for 60 minutes of S&C outside the school day for sports that are in <u>off-season</u>. This time may be used all year. No sport specific instruction or equipment is allowed during this time. Skills instruction is only allowed during the athletic period for off-season sports.
- Checklists Checklists for every sport have been created. All links are live and will take you
 right to the information you are looking for. Checklists are on each sports manual page.
- Live Streaming During the regular season, live streaming is permitted by mutual agreement of
 the two schools. During the postseason, the NFHS owns the rights to all games so a request
 form must be submitted and approved in order to be able to livestream a postseason contest.

Further details may be found on the UIL Athletic Homepage

COACHES' EDUCATION AND TRAINING: REQUIREMENTS

- UIL Professional Acknowledgement Form On file with the district (C&CR 1202(j))
- Coaches Certification Program (CCP) online/in-person training (C&CR 1208(i))
 - Constitution & Contest Rules
 - Ethics
 - UIL Steroid Education
 - Safety Training (state law)
 - Concussion Training (state law)
 - Sport Specific Training each sport has a separate module
 - Football Coaches ONLY ATAVUS Best Practices in Tackling certification
 - First Year Coaches ONLY Fundamentals of Coaching in Texas (C&CR 1202 (L))
 - <u>Safety/Risk Minimization for Cheerleading Coaches</u> local district determines the provider for training, and training must be completed prior to any student contact

COACHES' EDUCATION AND TRAINING:

REQUIREMENTS-STATE LAW

- CPR and First Aid Training must have a current certification filed with the district
- <u>AED Training</u> must have a current certification filed with the district
- <u>Safety Training</u> training provided by UIL (CCP) program, and must be completed prior to any contact with students
- Concussion Training training must be completed annually (2 hours every other year/1 hour annually)



UIL RULES / STATE LAW / SPORT PLAYING RULES KNOW THE RULES

- Download or bookmark the Constitution and Contest Rules and Side by Side Manual
 - Will answer UIL eligibility questions no-pass / no-play, eligibility and more.
- - Playing rules are not UIL rules, know the difference between playing rules and UIL eligibility and policy rules.
 - Make sure you have the appropriate playing rules book for your sport and know new rules each year.
- Bookmark your <u>SPORT MANUAL</u>
 - Manuals are digital and can be found on the left-side menu on your sports page.
 - Information is organized in an easy-to-find manner.

CONTEST REGULATIONS

- High School one contest per school week:
 - See specific sport for calendar week limits.
 - Per activity per student
- Junior High one contest per calendar week:
 - See specific sport for week limits

DIFFERENCE BETWEEN CALENDAR AND SCHOOL WEEK:

- Calendar Week: 12:01 am Sunday to Midnight Saturday
- <u>School Week</u>: 12:01 on 1st instructional day of the week to close of instruction on the last instructional day of the week

RESCHEDULING GAMES DUE TO WEATHER

- District varsity contests postponed by weather or public disaster, may be made up as an exception to the school week provided they are rescheduled and played on the next available date, other than Sunday, on which another district contest is not scheduled.
- Junior varsity, freshman and junior high teams may not play postponed matches / games as an exception to the school week.

GAMES RESCHEDULING: EXAMPLE

- Next available date (that another district game is not scheduled)
 - Game scheduled for Friday, postponed due to icy roads
 - Next available date is Saturday
 - Cannot automatically reschedule for Monday because you don't get the exception to school week if you don't try to play on next available date.
 - If weather still exists on Saturday, can push to Monday...district administration determines this.

GENERAL REGULATIONS JUNIOR HIGH / MIDDLE SCHOOL

- <u>Scheduling</u>: No game, contest, scrimmage or tournament, including district competition, shall begin prior to the end of the academic school day for all participants
- ONE contest in a calendar week, can also play a tournament in same calendar week.
- <u>Length of Season</u>: Know the number of days to complete seasons. Days start counting on the first day of try-outs or practice, whichever is first. Section 1478.
- No Post-District Competition: There shall be no post-season playoffs or competition in any athletic event.

2023-2024 PLAYER EJECTIONS

- Player Ejection. Any player ejected from a contest is subject to an automatic penalty. The automatic penalty for such an ejection is as follows:
 - (A) Football. Ejected player misses the rest of the game in which they were ejected plus the first half of the following game.
 - (B) Other Team Sports. Ejected player misses the rest of the game in which they were ejected plus all of the following game.
 - Soccer Exception. This Section does not alter the current point penalty structure for soccer player ejections, as required by National Federation of State High School Associations soccer playing rules, that is outlined in the soccer coaches' manual.
 - Any player ejected from a contest is subject to an automatic penalty as
 described above. Player ejections <u>cannot</u> be overturned by a game official
 and/or chapter. If a coach has a question following a contest with
 a player ejection, the coach should contact UIL.

2023-2024 SCHOOL SPONSORED CAMPS

School Year Limitations: For students in *grades six and below*: two camps are allowed, per sport, during the school year.

Summer Limitations: For all students with the <u>exception</u> of students entering their **second**, **third or fourth** year of high school may attend two school sponsored camps during the summer break.

- No more than six consecutive days for each camp.
- Schools cannot furnish / issue any individual player equipment
- Schools can furnish sport equipment (balls, standards, goals, football dummies, pitching machines, etc.)

ELIGIBILITY: VARSITY ATHLETICS

- Meets all requirements of Section 400 & 403
- Is an amateur
- Meets Parent Residence Rule
- Meets the Age Rule
- Has not changed schools for athletic purposes
- Previous Athletic Participation Form (If necessary)

ELIGIBILITY: 1st Six Weeks Of School Year

- Grades nine and below promoted
- Second Year of High School five accumulated credits
- Third Year of High School ten accumulated credits or five credits within the last twelve months
- Fourth Year of High School fifteen accumulated
 credits or five credits within the last twelve months

ELIGIBILITY: PAPF (Previous Athletic Participation Form)

- Required for <u>ALL NEW</u> students in grades 9-12 who have:
 - practiced or participated with a former school in grades 8-12 in any UIL athletic activity. If new but did not participate, page 1 only.
- New school must verify that the student meets the parent residence rule.
- District Executive Committee must determine that student did not move for athletic purposes and approve PAPF before a student is eligible to participate at the <u>varsity</u> level at the new school
- Submitted to the UIL office.
- **A PAPF does not have to be 'filed' in the UIL office before a student can participate, it only needs approval from the DEC.**

ELIGIBILITY: Sub-varsity & Junior High

An individual is eligible to participate if they are...

Sub-Varsity Eligibility

- Full-time student
- Academically eligible

Junior High Eligibility

- Full time student
- Academically eligible
- Age appropriate for JH athletic competition

GILSOCCER

- Coaches' Checklist
- Soccer Date Games
- Allowable Contests
- Scrimmage & Game Regulations
- Official UIL Soccer ball
- Practice Regulations
- NFHS Rule Changes
- Sportsmanship
- UIL Staff Contact List

2023-2024:



	CHECKLIST	REFERENCE	COMPLETION DATE
~	PRE-SEASON		
	Register/update profile in the UIL Portal	UIL Portal	Prior to 1* Practice
	Review Soccer Manual	Soccer Manual	Prior to 1* Practic
	Update Coach's Name in MaxPreps	<u>MaxPreps</u>	Beginning of School Year
	UIL yearly coaching requirements (CCP & TEC)	Coaching Requirements	Prior to 1* Practic
	Student participation required forms. Keep on file.	Athletic Forms	Prior to 1# Practic
	Varsity participation required forms. Keep on file.	Athletic Forms	Prior to 1* Practic
	Review rules regarding eligibility for athletic contests	C&CR Sec. 400 & 403	Prior to 1* Practic
	Review Soccer Plan	Socoer Plan	Prior to 1* Practic
	Review UIL rule changes	UIL Rule Changes	Prior to 1st Practic
	Review NFHS rule change	<u>NFHS</u>	Prior to 1st Practic
	Complete PAPFs and file with UIL Office Apply/Complete any necessary Waivers and file with UIL	PAPF Process Waiver Information	Prior to 1st Practic
	Submit Individual Eligibility Form to district chair (UIL Portal)	UIL Portal	Prior to 1st Contes
>	REGULAR SEASON		
	First day of practice		November 27
	First day for interschool scrimmages		December 8
	First day for playing interschool games		December 28
	Update schedule and record on MaxPreps	MaxPreps	Ongoing
>	POST-SEASON		
	Print and review Post Season Handbook	Post Season Handbook	
	District Certification by District Chair	Certification Form	March 23
	Advancing team's coach must report scores on MaxPreps	MaxPreps	

- Checklists for every sport have been created. All links are live and will take you right to the information you are looking for.
- Will be on manual page.
- Let us know if there is more you would like to see on these checklists.



November 27 – First day of practice

December 8 – First day for interschool scrimmages

December 28 – First day for interschool games

March 23 – District certification deadline

March 26 – Bi-district deadline

March 30 – Area deadline

April 2 – Regional quarterfinal deadline

April 5-6 – Regional tournament

April 10-13 – UIL State Soccer Tournament



LALLOWABLE CONTESTS

2023-24

- O Tournaments and 21 Matches or
- ol Tournament and 19 Matches or
- •2 Tournaments and 17 Matches or
- o3 Tournaments and 15 Matches

~ 2 games may be substituted for a tournament ~

SCRIMMAGE REGULATIONS

- December 8th first day allowed for scrimmages.
- Soccer teams are limited in scrimmages to two scrimmages per calendar week prior to games starting.
- No scrimmages may be played after a team's first interschool game.
- Scrimmages may have not more than four teams scrimmaging one another at the same site. If more than four teams are invited to a scrimmage, each team may only scrimmage three different teams.

Games allowed per week

GAME REGULATIONS: SOCCER

School Week vs Calendar Week – 1 contest per school week

Games Allowed per Week

- 2 matched games or;
- 1 matched game and a tournament

Double header (2 varsity games, JV & V, etc.)

 Can be played on a Tuesday but athlete cannot play again in that calendar week (M-Sa)

cannot be

 If one game is played on Tuesday, a doubleheader played on Friday, only one game left for week.

OFFICIAL UIL SOCCER BALL

2023-24 UPDATES

Baden Perfection Thermo

- used for Regional and State
 Tournaments.
 - No other requirement to use.



PERFECTION THERMO SOCCER BALL ST7

PRACTICE REGULATIONS IN-SEASON

School is In-Session

- <u>Eight Hour Rule</u> Practice outside the school day, from the beginning of the school week through the end of the school week (excluding holidays), is limited to a maximum of eight hours per school week per activity
- The in-school athletic period does not count towards the allotted 8 hours
- Any time used in connection with a practice that is not part of the athletic period counts as part of the 8 hours. (Dress, video/meetings, etc.)



 NFHS are our playing rules, purchase a rulebook from www.nfhs.org

2023-24 Rule changes on following slides...



3-3-2b (2,3) (NEW): Permits the referee to stop the clock to review game situations at any time without negatively impacting a player's ability to remain in the game.

Rationale: This rule change affords the ability for the referee to stop the clock and review situations without negatively affecting a player's ability to remain in the game. However, once the referee beckons medical professional or coach onto the field to further assess, the player must leave the field of play.

3-3-7: Clarifies where a player should re-enter the game to avoid confusion.

Rationale: This rule change clarifies that a player should re-enter the game from the official area at midfield. This avoids potential confusion as to who is or is not in the game.

3-4-1e (NEW): Clarifies players should exit the field on the bench side unless unable to do so due to injury.

Rationale: To assist the officials in the managing of substitutions, players should exit the field from the bench side when the substitute(s) are beckoned on by the referee unless the player(s) is unable to do so because of an injury. This avoids unnecessary interaction with opposing teams and fans and minimizes the potential for unsporting behavior.



4-2-12 (NEW): Defines how wearable technology devices may be worn.

Rationale: Sets a national standard for wearable technology. This change clarifies that these devices may be worn as a part of the shoe and/or under the uniform but not worn on the arm. Coaches and players are still not permitted to utilize technology to communicate during the game.

Rule 4 Reorganization: Adjusts the structure of the uniform rule to offer clarity.

Rationale: The reorganization of the uniform rule breaks up the rule into bite-size pieces that are easier for coaches and officials to apply.

11-1-5 (NEW): Defines deliberately playing the ball to clarify the existing rules.

Rationale: Defines the criteria for deliberately playing the ball when determining an offside infraction.

12-1-1 thru 3 (NEW), 18-1-1: Clarifies various foul categories and defines the seven direct free kick fouls to provide consistency.

Rationale: The new article in Rule 12 and added definitions to Rule 18 define the seven direct free kick fouls and provide consistency for officials interpreting misconduct.



12-3-2, 3 (NEW): Clarifies that neither accidental nor deliberate hand/arm contact can result in a goal.

Rationale: The new articles eliminate the necessity for the referee to determine if the hand/arm contact was accidental or deliberate. Now, neither accidental nor deliberate contact with the hand/arm result in a goal for greater consistency and ease of interpretation.

12-8-5 (NEW): Offers clarity regarding goalkeeper handling not permitted outside and inside the penalty area.

Rationale: Adding language and direction for officials regarding goalkeeper handling outside the penalty area and inside the penalty area when they are not permitted to handle the ball.

12-9-4(NEW), 12-8-1f(14, 15), 12-8-2d (3,4): Defines considerations of denying an obvious goal-scoring opportunity (DOGSO).

Rationale: This rule defines the considerations of an obvious goal-scoring opportunity to provide additional consistency and clarity for referees.



2023-24 Editorial Changes

9-1-1a

2023-24 Points of Emphasis

- 1. Wearable Technology
- 2. Coaching and Team Area Decorum
- 3. Denying an Obvious Goal-Scoring Opportunity (DOGSO)
- 4. Substitutions



SPORTSMANSHIP

Starts with the <u>COACH</u>

- Power of your personal example
- Athletes and Spectators will take your lead.
- Have a plan and be strategic in coaching good sportsmanship
 - Student-Athletes
 - Parents

Athletes

- Appropriate sportsmanship is a requirement.
- Instill a respect for game officials and opponents
- Spectators/Parents
 - Cannot selectively ignore issues with spectators/parents.
 - Requires effective game administrators.



AREAS OF FOCUS (COACHES)

1. Increase Understanding of and Compliance to UIL Rules and Procedures

- Read UIL/TEA Side-by-Side prior to your sports season (All coaches)
- Read Sports Manual
- Removal of situational ethics

2. Focus on preseason & in-season eligibility processes

- 2 coaches verify all eligibility processes
- PAPF's first year of attendance
- Thoroughly verifying residence & contact previous school
- Appropriate use of automatic bypass (Must do due diligence)
- Factually & fully complete the PAPF when sending school
- DEC Appropriate Utilization

3. Sportsmanship Improvement

- Starts with coach
- Focus on athlete conduct-Supervision
- Parents/Spectators
- Effective Game Administration
- Ejection # Improvement



AREAS OF FOCUS (UIL STAFF)

Collaboration, Communication & Consistency

- Regular communication and collaboration with coaching associations & coaches
- Be consistent within our communication (Coaches will get the same answer regardless of which UIL staff member they call)
- Clearly communicate processes, rules, and areas of needed attention

*If we are not meeting your needs, call us on it. We want to hear from you and support you in the best way that we can.

GOOD LUCK & HAVE A GREAT YEAR!!!!







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Athletic Staff Contacts